



## Remembering my friend and colleague, Dr. David Lim



Dr. David Lim

By Michael Paparella

The past six decades represents a veritable renaissance in the field of otology. While there were many important contributions by many, two giants in the field stand out. Dr. Harold Schuchnecht of Harvard University, a leading academician (clinical service, research and education), and Dr. William House, in Los Angeles, who made the most important clinical contributions including skull base surgery, surgery for Meniere's disease and cochlear implantation for the deaf. In 1964, another giant emerged in otological research, Dr. David Lim, who had relationships to the other two giants.

Having been with Dr. Schuchnecht in Michigan and later on the Harvard faculty, I joined the Department of Otolaryngology at Ohio State University in 1963 where I developed the Otopathology Research Laboratory. One year later, this pleasant young man, David, was chasing a pretty young lady, Yung Sook, who later became David's wife. David had not been thinking of research, but after I introduced him to otopathology research, the rest is history.

Otitis media research in 1962 was seldom done. The only other person who comes to mind at that time was Dr. Ben Senturia. I developed an interest in otitis media research and David adopted otitis media research, and this became a major theme throughout his career. I later suggested he might like to work with Bob Kimura in electron microscopy at Harvard

and arranged for him to do so. It worked out wonderfully! He then rejoined me as a Research Associate at Ohio State University.

In 1967 I was appointed Professor and Chair in the Department of Otolaryngology at the University of Minnesota, and modestly asked for two \$20,000 per year faculty positions, one for David and one for me. Wisely, David did not join me because another professor whose expertise was also electron microscopy was a member of the faculty. David recommended his good friend Dr. Steven Juhn, who was in Europe. I arranged for him to study with Professor Sigrid Rauch, the pioneer of biochemistry of the inner ear, after which Steve joined me in Minnesota.

David remained at Ohio State University as Director of Otolaryngology Research from 1967 to 1991 and built a colossal multidisciplinary research program. He pioneered scanning electron microscopy ear research that later evolved and contributed in many other research disciplines. Otitis media pathogenesis research at the cell and molecular level represented more than three-fourths of his publications. Other basic studies included molecular and cellular mechanisms inherent in inner ear homeostasis, Meniere's disease, otoconia and more. These are all represented in hundreds of his publications.

Besides the countless many honors and awards and universal respect for David's scientific contributions, David was a leader in many ways. Let me mention a few. After his departure from Ohio State, David served as the first Scientific Director at the National Institute on Deafness and Other Communication Disorders (NIDCD) from 1991 to 1995.

He then became Scientific Director of the House Ear Institute, which led to his recent faculty position at UCLA. In the mid 1960s, David organized a small group and said we should have meetings for research in otology and otolaryngology. This has become the Association for Research in Otolaryngology (ARO), well attended by thousands annually. David and Dr. Bluestone of Pittsburgh also organized successfully attended meetings for advances in otitis media every four years, starting in 1975.

Personally, David and his family were great friends to Treva, my wife, and me. However, he was a friend to and known as fun to be with by colleagues all over the world. He and Yung Sook additionally honored me by naming his son Michael and asked me to be his Godfather. They have two great sons. The other is Robert who was named after Bob Kimura.

My last bittersweet meeting with David was when he won the Gold Medal Award at the World Congress in 2017. David, Chun Son Kim and I, who also received Gold Medals, had dinner with our wives in a quaint Parisian Restaurant – a moment I will remember forever.

Over the years, every time we met, he would never go through a door before me. On many occasions I tried very hard, but he would actually wrestle and push me through the door if he had to, and then follow me. His respect and love will never be forgotten.

David was loved by all of his friends and colleagues throughout the world, and his contributions will be hailed and recognized in perpetuity.

### David Lim Otolaryngology Research Travel Scholarship

In honor of Dr. David Lim, the IHF has established an annual award certificate and funding named the David Lim Otolaryngology Research Travel Scholarship. It will be provided to a resident or fellow as selected by the faculty of the University of Minnesota Department of Otolaryngology, Head and Neck Surgery. The award will be based on excellence in ear research and or an excellent publication during the past year. Funds will be provided for the awardee to attend a scientific meeting.

### American Academy of Otolaryngologists Meeting in New Orleans



Dr. Debara Tucci, (left, with Dr. Paparella) gave the Paparella Lecture on the contributions of temporary bone histopathology at the AAO meeting in New Orleans.



L-R: Dr. Hamed Sajjadi, Dr. Natasha Pollak, Treva Paparella, Teri Wolner, Dr. Rafael Monsanto attending the Paparella Lecture and reception after the meeting.

## Hear Ye, Hear Ye



Rich Kleber, IHF President

Serving as President of the International Hearing Foundation for the last two years has allowed me to meet many people either who suffer from hearing-related disease and hearing loss, or those who are working daily to help alleviate symptoms and search for cures. Being exposed directly to people on both side of this equation makes it very real and meaningful as we continue our cause as board members.

At each board meeting we get updates on what is happening in the lab and where the cutting-edge research is going. We also learn about the efforts being made around the world and about the building of remote labs where hearing tests can be administered by students and technicians here in the United States. It's remarkable the difference our small non-profit can make either by leveraging partnerships with Rotary clubs or by directly funding important research right here in our Otopathology Lab at the University of Minnesota.

It's been a joy for me personally to work closely with Treva Paparella and Dr. Michael Paparella, whose passion and dedication to this organization is what makes it all possible. Treva works tirelessly on keeping the board meetings organized and making sure everything is lined up for our annual golf fundraiser event. She is the true worker bee behind the organization.

Meanwhile Dr. Paparella, like the Energizer Bunny – just keeps going and going. He is still busy seeing patients and performing difficult surgeries that restore hearing and alleviate symptoms for those who suffer from Meniere's or Tinnitus. He really is remarkable, and between them both, their generosity has been an example for which we should all strive.

As we plan the upcoming golf fundraiser, we need even more sponsors and participants this year. This event has been a large portion of the fundraising that takes place every year, and it's important to have everyone reading this, whether you're a golfer or not, make their way to the course on August 12. There will be live auction items and a dinner after a day on the golf course, and we'd love to have as many people as the room will fit. If you're not able to make it, please consider making a donation anyway. Funding through grant writing is as competitive and difficult as we can remember, so everything our friends can do to keep our good work moving forward is appreciated.

Thank you again for allowing me to serve as your president for another year. Let's do big things together in 2019.

–Rich



### MISSION STATEMENT

The International Hearing Foundation – nonprofit, tax-exempt and funded solely through donations and fundraising events – has a three-fold mission: otological research, service and education – all areas of great need. Beneficiaries of these charitable endeavors are first local but also international. The IHF is an affiliate of the University of Minnesota Foundation.

Board of Directors: Richard Kleber, CFM, President; Jantze Haley, Vice-President, Michael M. Paparella, M.D., Secretary and Treasurer; Treva Paparella, Executive Director. Board: Jerry Abbs, Tani and William F. Austin, Teri Austin, Brad Birnberg, Sebahattin Cureoglu, M.D., Frank Grovenstein, James D. Hainlen, Ph.D., Steve Juhn, M.D., Anita Lang, David Lieberman, CIMA, Robert Margolis, Ph.D., Matthew Patterson, M.D., Elizabeth Payne, M.D., Patricia Porter, Joseph P. White, CPA, Bevan Yueh, M.D. IHF Event Director: Tim Miller. Medical/Research Advisory Board: David J. Lim, M.D., UCLA Ear Institute; Hamed Sajjadi, M.D., San Jose Ear and Sinus Center.

## A Letter of Thanks to Rosie Hulse-Larson, Retiring Support Group Leader



Dear Mrs. Paparella and IHF,

On behalf of those who have derived both physical and emotional relief from the meetings of the Marlys Soderberg Meniere's and Tinnitus Support Groups, I want to thank the IHF for sponsoring and supporting the group over the years.

Thank you for offering this safe haven to us. Some of us were not doing so well when we came to our first meeting. But we have learned a lot together and from each other. We maybe complained and cried a bit, but we also rediscovered our sense of humor as we made new friends.

Rosie Hulse-Larson (above) has led our meetings with patience and compassion. She made us all feel welcome and gave freely of her time and self. We were never alone because Rosie was always available. She will have our undying appreciation for all she has done for so many over 30-plus years.

But all good things eventually come to an end. And so, we want to thank the IHF Board once more for this unique place that made it possible for us to learn, accept and heal.

Sincerely,

Monique Hammond, RPh.

## From the Executive Director's Desk



Treva Paparella,  
IHF Executive Director

Greetings to our many friends and supporters of IHF. As we enter into our 34<sup>th</sup> year, IHF has gratefully benefited from the generous giving of thousands of supporters.

Over the years, IHF has been consistently fulfilling its mission in research, service and education.

With the critical support from our Board and others, plus NIH research grants from the Starkey Foundation as well as other temporal bone research grants, we are able to continue the much-needed research surrounding ear diseases. The University of Minnesota Otopathology Laboratory team work tirelessly in hopes of finding cures for Meniere's disease and otitis media plus deafness and other ear diseases that disable patients. The Otopathology Lab at the University of Minnesota has been an invaluable resource for training many current and future leaders, as well as providing their research to be published in prestigious journals or attending presentations at national and international meetings.

Unfortunately, the Marlys Soderberg Meniere's and Tinnitus Support Group has been discontinued. Rosie Hulse-Larson devoted more than 30 years as the leader. She has since retired. We wish Rosie all the very best. Finding someone to devote their time to the group meetings as Rosie did has been difficult.

IHF's valuable support of several international missions continues. We are still very involved with Senegal Africa...along with the Starkey Foundation and led by Dr. Malik Diop, a former IHF fellow.

Dr. Robert Margolis has been instrumental in bringing Rotary and IHF together to help support "Hearing for Humanity," which provides grants for audiologic services to places like Cambodia, Vietnam, Mexico and our newest mission in Chile.

Because of you, our donors, we are able to continue the IHF's mission of research, service and education. IHF was founded to address needs related to hearing disorders and other all too common ear diseases. We are committed to carrying out this mission, but we very much still need your help.

Thank you for the caring spirit that leads you to make life-changing contributions in support of the International Hearing Foundation.

–Treva Paparella

## Meet IHF Fellow Mio Uchiyama



My name is Mio Uchiyama and I was born in Nagano, Japan. I graduated from Showa University in Tokyo, and I worked as an ear, nose and throat resident doctor for four years at Showa University Hospital.

During my residency, I studied in the general field in ENT, but I felt that I could not get the full depth of otology and ear anatomy there. I also know that in order to understand the clinical aspect of ear diseases I had to dive into pathophysiology. Therefore, I decided to carry out my fellowship at University of Minnesota Otopathology Laboratory.

Before deciding to study here, I came to the University of Minnesota to observe the Otopathology Lab, and I was very surprised and impressed how many human temporal bone

specimens (HTBs) there were in the lab. Additionally, I heard that Minnesota is surrounded by beautiful nature and that the people here are nice (Minnesota nice is true). In Japan, I didn't have many opportunities to conduct research with temporal bones, which is why I came here in October 2018. I will finish my finish my fellowship in two years.

I have two main goals while being here, which are to understand anatomy and pathophysiology of the middle and inner ear and to find the pathological findings which has the possibility of etiology. Since it is difficult for me to study these topics by only reading textbooks, I believe the observation of many HTBs is one of the best ways to understand to reach my goals. During my time in Minnesota, I will try to propose histopathological findings, which show clinical significance as much as possible. I hope when I return to Japan, I can apply what I learned from Dr. Michael Paparella and Dr. Sebahattin Cureoglu to my future career in ENT.

## IHF supports second Vestibular Disorders Conference

By James Hainlen, Ph.D.



Until something goes wrong in our bodies – we often give it little thought. This is particularly true of the vestibular organ buried deep inside the hardest bone in the body, the temporal bone. The functions of hearing and balance seem to operate just fine because they are so automatic, but that changes when tiny things go wrong and our hearing fails, or our balance gives way to dizziness and falling. I first became aware that something was wrong with my balance in high school. My diving coach wanted me to work on a more advanced twisting dive to compete in the state diving meet. I bounced up and off the board and threw my arms for a twisting dive and in an

instant the water changed from horizontal to vertical and I was falling sideways through the air. It was a moment of sheer panic because I couldn't comprehend it. Just a fraction of a second later I splashed into the water and was able to orient myself to up and down.

But the sense of panic stayed with me as I had other disorienting experiences. It came to a crisis in 2001 when I was cooking spaghetti for the church youth supper. I was stirring two huge pots of pasta when the steam overwhelmed me, and I started to fall headfirst into the boiling water. Fortunately, someone grabbed me and guided me to the ground. A nurse was there, who had worked for Dr. Michael Paparella, and she said, "Either you make an appointment, or I drive you into the clinic."

I made an appointment later that week and was diagnosed by Dr. Paparella with Meniere's disease, a combination of dizziness, hearing loss, tinnitus and fullness in the ear. I've thought of it as winning the lottery – but in reverse. I had the endolymphatic sac surgery just a few weeks after the diagnosis and feel confident in saying that it saved my life. The constant dizziness and high-pitched ringing in my ears made it difficult to think that life was worth living. And lest you think this is hyperbole, a recent study discovered that patients with active Meniere's disease had a quality of life that was intermediate between Alzheimer's disease not requiring institutionalization and patients with AIDS or cancer about six days before death.

It was with this backdrop, and with my experiences at IHF, that I started thinking three years ago about a conference that would help people with vestibular disorders meet, listen to authorities and talk with each other. That conference came to life last fall on October 27, 2018 with the first, "Spotlight on Vestibular Disorders." The event was sponsored by the University of Minnesota Foundation and the Department of Otolaryngology. We had room for 100 attendees, and it filled just two weeks after the invitation was sent out. The conference was held at McNamara Center and featured a keynote speech and six breakout sessions. Dr. Meredith Adams, a neurologist from the University, spoke about recent research in tinnitus. Dr. Kenneth Graupner, a retired psychiatrist, talked about the mental health aspects of living with chronic vestibular disorders. Dr. Barbara Young, the chair of Fairview rehabilitation, explained vestibular rehabilitation, and the hope that it provides for vestibular disorders. Dr. Michael Paparella talked to the participants about the necessity of basic research and the value of the Temporal Bone Laboratory at the University of Minnesota. Ms. Suzanne Damberg, a certified life coach,

## Meet Jeremy Abbs, new IHF Board Member



It is my honor to serve as a board member of the International Hearing Foundation (IHF). I came to the IHF through Matthew Patterson, M.D., an otolaryngologist at the University of Minnesota's Health Clinic and Surgery

center who I was seeing for treatment of early hearing loss. I had known Dr. Patterson for 20 years as we were fellow classmates at the Carlson School of Management.

In 2017, Dr. Patterson diagnosed me as having Meniere's disease, a condition of which I had no awareness or knowledge. When I received the diagnosis, I immediately asked, as most patients would, what is Meniere's disease, how it is contracted, how it manifests itself, and how we will treat it? For those with Meniere's disease, the answers to those questions and the message internalized can be quite unsettling, to say the least.

Subsequently, I immediately began performing my own primary research, hoping to gain deeper understanding of it and available treatment alternatives for it. During this process, I discovered the IHF. When I learned that Dr. Patterson was on the IHF Board, I inquired about its history and mission. He responded by saying that I need to meet Dr. Michael Paparella, a distinguished pioneer in otolaryngology and subject-matter expert for all things Meniere's.

Within a short period of time thereafter, I met Dr. Paparella and his wife, Treva, and needless to say was honored and thankful to learn more about an organization dedicated to fighting hearing loss throughout the world. Subsequently, they recommended that I visit Dr. Sebahattin Cureoglu at the Otopathology Temporal Bone Lab at the University of Minnesota, which I learned is one of three labs in the entire world with extensive pathology of the human ear, having studied thousands of patients. This visit was a refreshing and motivating one for me and inspired me to want to learn and do more.

I am an active member of the Twin Cities medical device ecosystem and have dedicated the last 30 years of my professional life working for best-in-class medical device companies, working with physicians to bring to patients quality-of-life improving and life-saving technologies in cardiology, cardiac surgery, radiology, diagnostic imaging and orthopedic surgery.

My desire is to contribute to and advance the mission of the IHF, including raising the awareness and profile of Meniere's disease. Utilizing my medical device community connections, I strive to raise more research funding for the IHF-funded Otopathology Temporal Bone Lab and inspire increased discovery into next generation of therapeutic solutions for patients suffering from hearing loss and Meniere's disease.

## Hoff Award



This year's winner of the Eivind Hoff Award is Bridget Ebert for her paper, "Congenital and Latrogenic Laryngeal and Vocal Abnormalities in Patients with 22q11.2 Deletion." She published this paper with Dr. Brianne Roby and Dr. James Sidman of the University of Minnesota, and the paper was presented at the AAO. The Eivind Hoff Award recognizes medical students for their superior research and writing in the area of clinical or basic otology.

Mrs. Eivind Hoff and the International Hearing Foundation congratulated Bridget Ebert for her outstanding research.

Established by the IHF through the Minnesota Medical Foundation and now the University of Minnesota Foundation, the award honors the memory of Eivind O. Hoff, the first executive director of the Minnesota Medical Foundation.

Hoff joined the foundation in 1959 and served the foundation for 27 years. Following retirement, he continued to work for nonprofit organizations. At the time of his death, he was associated with the International Hearing Foundation, which is the source of funding for the award.

The first award was presented in 1995. All undergraduate medical students enrolled at the University of Minnesota Medical School in Minneapolis are eligible to receive this award.

## Paparella Clinical Otological Research Award



Bin Li received the Paparella Clinical Otological Research Award for his research video, "Endoscopic Anatomy of the Genuiculate Ganglion and Pre-Genuiculate Area," that was based on recent anatomical dissections. This video has been accepted and will be presented at the upcoming AAO meeting in Atlanta this fall.

Dr. and Mrs. Michael Paparella congratulate Bin Li for his outstanding research. The Paparellas established the award through the International Hearing Foundation in 1999 to recognize a resident's outstanding clinical research in the field of otology.

## Paparella Grand Rounds Lecture



Steven Telian, M.D., of the University of Michigan, spoke at the annual Grand Rounds Lecture honoring Dr. Michael Paparella and the International Hearing Foundation May 13 at the University of Minnesota. Dr. Telian presented, "Hearing Preservation in Vestibular Schwannoma Surgery."

Dr. Telian is a practicing ENT Specialist in Ann Arbor, Mich. He graduated from Perelman School of Medicine at the University of Pennsylvania in 1981 and has been in practice for more than three decades. He completed his residency at Graduate Hospital Tenet Health. He currently practices at University of Michigan Hospital and is affiliated with St Joseph Mercy Chelsea.

The annual lecture is sponsored by the International Hearing Foundation and the Department of Otolaryngology Head and Neck Surgery at the University of Minnesota.

## Conference continued from page 3

discussed the necessity of setting realistic goals and not sabotaging yourself with unreasonable expectations. Finally, Mr. Lamont Kelly from Courage Center talked about gentle exercise and the necessity to work on balance exercises. The conference was a tremendous success, and within days we had received \$15,000 in contributions to ensure a conference in 2019.

There were six sponsors of the event last year. The International Hearing Foundation featured the Otopathology Laboratory with Dr. Sebahattin Cureoglu and Dr. Vladimir Tsuprun talking about the basic research at the lab and showing people what the inner ear looks like through a microscope. Other exhibitors included Starkey Hearing Technologies, Fairview Hospital Rehabilitation, the Center for Translational Sensory Science laboratory and Dick Blick Art.

## Helping the Jorge Otte Gabler School for Deaf Children in Santiago, Chile

By Bob Margolis



In 2002, a new diagnostic center for ear and hearing disorders was installed at the Jorge Otte Gabler School for Deaf Children in Santiago, Chile. The center was one of five projects at the school, supported by the International Hearing Foundation, which included classroom amplification systems, playgrounds, school supplies and a conference on deafness held in Minneapolis for Chilean hearing professionals.

The total cost of the projects was \$180,000, with \$51,000 funded by the IHF. Now 17 years later the equipment needs to be replaced. IHF has committed \$5,000 for the new center. The total budget is \$49,000. The IHF contribution and fundraising by the Minneapolis University Rotary Club and the Vitacura (Chile) Rotary Club qualifies the project for a Rotary Foundation matching grant.

The school received a generous private donation for the creation of new clinic space. Although all ages will be served, the clinic focus will be on children from low-income families. No patient fees will be collected. Improvements in technology since the original clinic was installed will provide greater capability to assess hearing and ear disease in young children. Evaluation techniques will include electrophysiologic measures, otoacoustic emissions and automated audiometry. Otologic instruments and hearing aids will also be provided.

The IHF-Rotary-School partnership has brought hearing services to many people who otherwise would not have access to diagnosis and treatment of ear disease. This project ensures that the partnership will continue for many years.



The new clinic space at the Jorge Otte Gabler School for Deaf Children in Santiago will house state-of-the-art technology for diagnosis and treatment of ear and hearing disorders.

The Vestibular Disorders Conference will be held this year on September 28 at McNamara Center from 8 a.m. to 12 p.m. There will be a special focus on veterans, as over 60% of vets returning from Iraq and Afghanistan have damage to their vestibular systems. The University of Minnesota Department of Otolaryngology will be joined by the International Hearing Foundation and the Vestibular Disorders Association of America as sponsors. VeDA gets up to 400,000 "hits" each month on Facebook and will advertise the event on its Facebook page, website, and in its online and printed magazine. More information about speakers and sessions will be available at the beginning of the summer. Email me at [hain0007@umn.edu](mailto:hain0007@umn.edu) to join the mailing list.

## Climbing the Steps to a Dream

By Dr. Sady Selaimen da Costa

The year was 1986 and as a young doctor just finishing up a residency in otolaryngology, I was facing a big challenge in my life: How could I improve my knowledge in the specialty that I have embraced and specifically in the sub-area of otology and neurotology? How could I fulfill the ambitious (and innocent) goals that I have set for myself in the dawning of the medical school in Porto Alegre, south Brazil, forecasting a dazzling future when I would hold technical and scientific conditions to help the needy people of my country and join the academy to teach medical students and residents? Big projects, big dreams, big problems. No money, no contacts, no major credentials, no absolutely nothing. Just a fixed idea in my mind and a giant desire pounding in my young heart.

Time to action, I had to move on, from principles to practice (not by coincidence, the name of my first book). I had to figure out a way to make these things happen. I started to wander around looking for scholarship programs supported by well-known worldwide based philanthropic organizations. This was not in vain, after two years struggling through interviews and tight selections, I was granted with a Rotary Foundation Scholarship. Yes, I had the money (and, much more important than that, something that I came to find out later on the journey: human support, tenderness and all the love in the world). No, the scholarship did not make me any lucky instantaneous millionaire. It was \$17,000 dollars for a two-year period (including air tickets). Well, the money was good enough, considering that I had never lived in luxury anyway. Second major problem was who would accept to take in his service a young completely unknown “third world cucaracha?” In other words, a Mr. Nobody! Time to spread letters all over the world and endure the endless patience to sit by the mailbox for weeks in a row, waiting for unpredictable answers (yes, those were the days of snail-mail).

It is still vivid in my memory that very moment when I anxiously opened the yellow envelope with the picture of a small building on the top left corner and an inscription in the bottom with the name Minnesota Ear, Head & Neck Clinic. A very nice, kind and supportive (later on I found out that supportive was his trademark) letter signed by Dr. Michael M. Paparella. Yes, the Chief-Editor of the most famous and best seller treatise in Otolaryngology, Head & Neck Surgery in the world, the youngest chairman in the history of the University Minnesota, the brilliant ear surgeon, acknowledged researcher and distinguished master. Yes, the star, I mean, the super-star himself taking his time to write me a letter with a simple, straight and wonderful message: Come on, you will be welcome in our service! Needless to say, that two months later I was landing in the Twin Cities airport packed with two plastic bags with warm clothes (which in my ingenuity I thought would be enough to face the wintertime in Minnesota) and all my dreams and plans. It was something out of the Charles Dickens book, “Great Expectations.”

I didn't have the slightest idea where I would live within the next two years, which turned out to be the most fruitful days of my personal and professional life. I was stepping into a revolution of some medical concepts and the way we should face otology and neurotology. I was introduced to my American “sister,” Pat Schachern, and the wonderful world of the histopathology of the temporal bone. There I had the chance to develop my own clinical projects and later animal studies



Dr. Sady Selaimen da Costa (top) and Dr. Michael Paparella.

in the laboratory, and I watched hours of ear surgery in the Saint Mary's Hospital, astonished with the precision and speed of Dr. Paparella. I spent many hours with the staff at the clinic seeing patients with ear disease. In short, I had the unique chance to witness what I call EXCELLENCE in medicine (not to mention that thanks to Dr. Paparella, I also practiced my tennis game, making progress with my backhand!).

Parallel to the scientific activities, I also got to know the wonderful job carried out by the International Hearing Foundation and specifically its Executive Director, Mrs. Treva Paparella. Treva embodies an example to be admired and followed. She has taught me that it is possible for a human being to display apparently contradictory facets: she can be stubborn and tough, iron-handing IHF through its three-fold mission of service, education and research; and she can be the sweetest person in the planet, taking good care of international fellows and offering them affection and comfort to those who sense an inner emptiness of being away from their country and their families.

The joy of being part of this family called IHF is the chance of getting together with colleagues from all over the world. It was powerful to experience the mix of cultures and costumes and the possibility to share the

same projects, ideals, work stations, and even tables during lunchtime. Indeed, it was a wonderful multi-cultural experience enhancing tolerance and understanding among different nationalities and connecting people from the five continents. We had an international brotherhood: Malick Diop from Senegal, Tae Yoon from Korea, Magdi from Egypt, Chris from India, Rick Fox from Canada, Hung from Vietnam, Carlos from Portugal, Neil from NYC, Lars from Sweden. Countless names, excellent friends and unforgettable memories. What an experience to be in this real melting pot!

Two years went by so incredibly fast. Landing back in Brazil with my two old bags now stuffed with new ideas, thoughts and just-published papers. I don't know if my family noticed at the airport, but I came back taller, since I grew up in so many ways. Scientifically smarter, stronger and motivated to bring the torch to Brazil and care to keep its flame alive. Matching with other Brazilian ex-fellows to start our own affiliate association was an obvious consequence. After a few months, the Paparella Association of Otolaryngology (APO) was a reality in Brazil and its members proudly became better known as the Paparella Boys. Our mission has been to disseminate the ideals we have learned while in Minneapolis, and to practice what we have defined as the “rippling factor,” sharing with our colleagues, friends and especially our patients all the knowledge that we have accumulated while in America. We started our own residency program in Ribeirao Preto, Sao Paulo, aiming exclusively the unattended poor population. We became professors and chairmen in medical schools all over the country, members of the boards of the Brazilian Otological and Otolaryngological Societies and, of course, we started our own successful practices.

Overall, we struggle to exercise and honor the two most important values that we have learned: scientific altruism and social charity. Interestingly during this process, almost all our old dreams came true. As Dr. Paparella's favorite music artist – Prince – wrote in one of his songs: “What's the use of half a history and half a dream? You have to climb all the steps in between.” Thanks to IHF we have made it!

**27th ANNUAL  
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Please call 612-339-2120 for a brochure/registration materials; \$375 (individual) to \$10,000 (major sponsor). IHF's annual Golf Classic would not be possible without the dozens of volunteers who help coordinate this event.



L to R: Tim Miller, IHF Golf Classic event director, Treva Paparella and Dr. Michael Paparella.



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